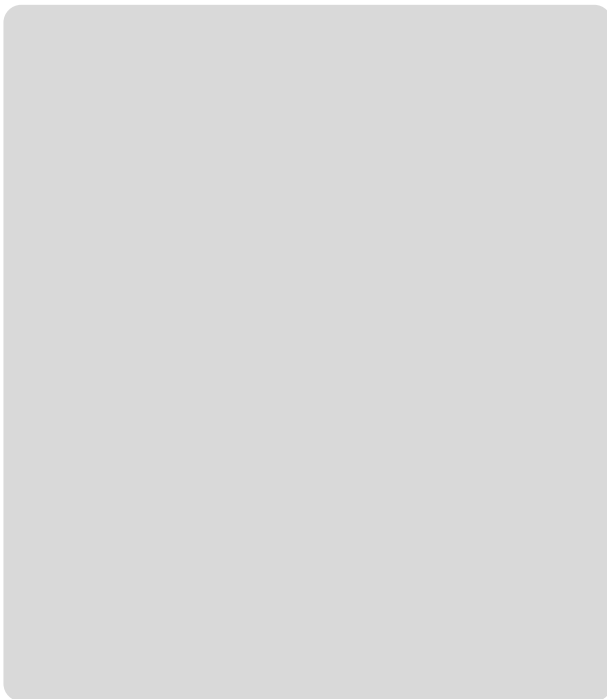


# STEP III: BREATHE

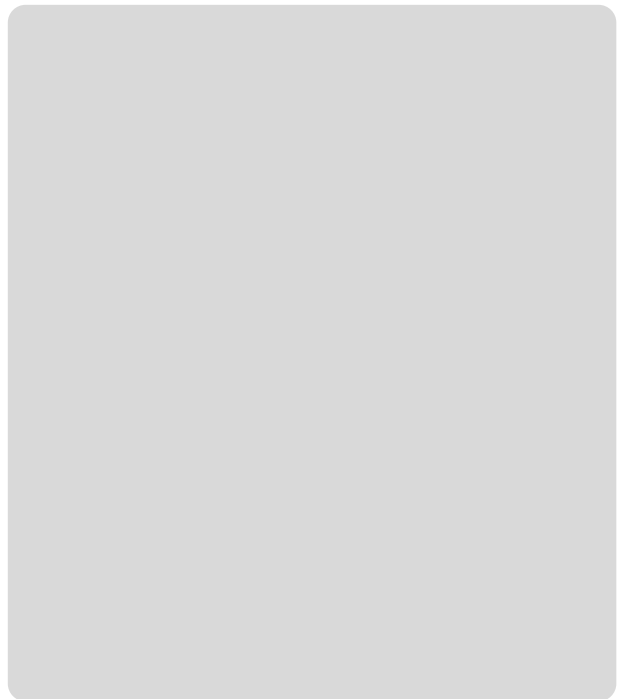
PARTNER A: \_\_\_\_\_

This week you have field work! I want you to tune into your children's behavior (and your own!). Then make some notes about what you see.

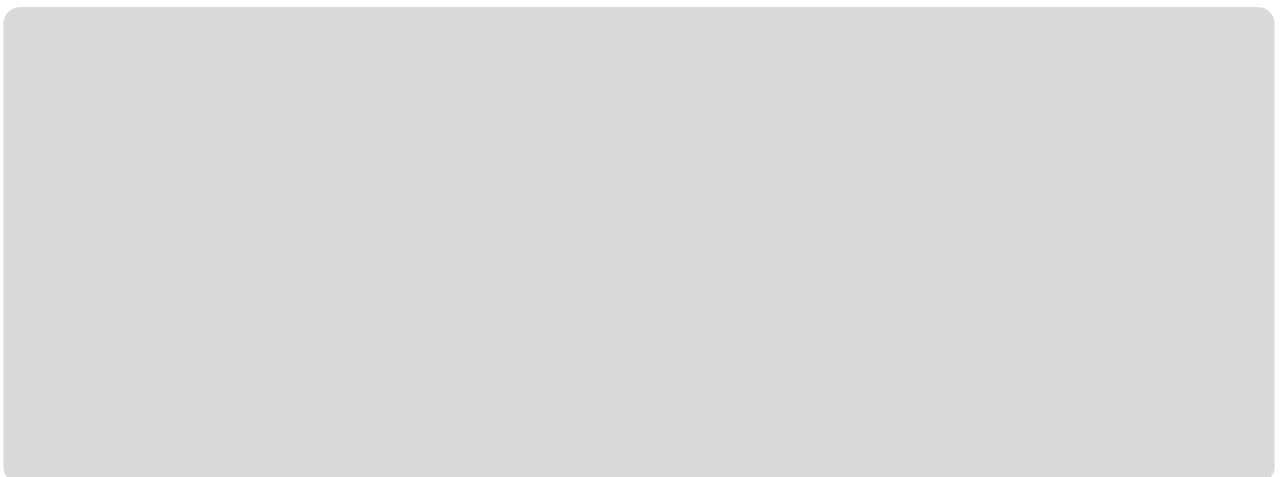
What problem behaviors did you see? Be specific!



What annoying behaviors did you observe? Be specific!



Catch some power struggles! Actively observe your interactions and 'see' 2 to 3 power struggles. Then make brief notes of your experience.

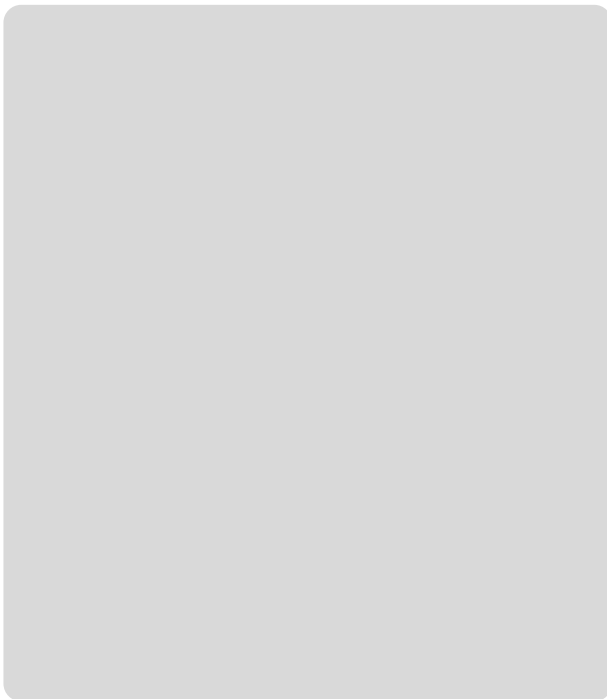


# STEP III: BREATHE

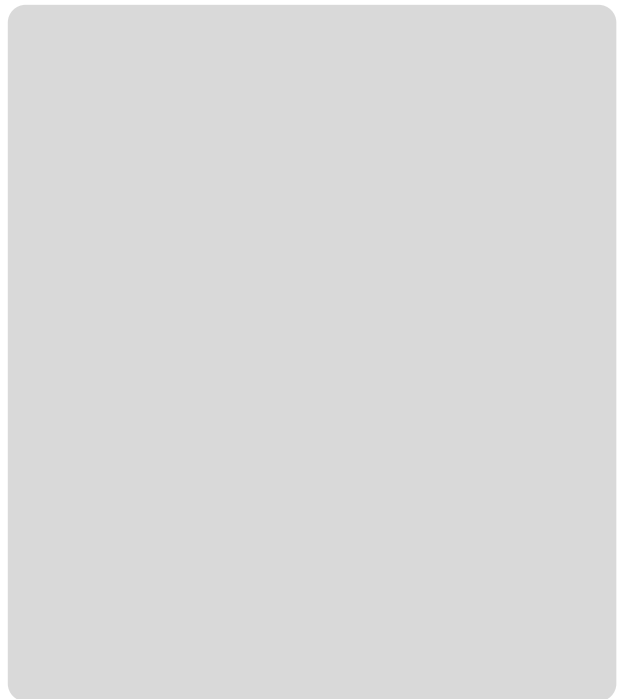
PARTNER B: \_\_\_\_\_

This week you have field work! I want you to tune into your children's behavior (and your own!). Then make some notes about what you see.

What problem behaviors did you see? Be specific!



What annoying behaviors did you observe? Be specific!



Catch some power struggles! Actively observe your interactions and 'see' 2 to 3 power struggles. Then make brief notes of your experience.

